

**THE**  
**FINAL**  
**TEN**

**JOURNAL**

“What matters the most are excellent endings, not faulty beginnings.”  
– **Ibn Taymiyyah (rahimahullāh)**

# LETTER FROM *the Mentor*

السلام عليكم ورحمة الله وبركاته

If you are reading this, it means Allah has allowed you to witness the last ten nights of Ramadan. Pause for a moment and truly reflect on that. Many people who started this Ramadan with us are not here today. Yet Allah, in His mercy, has allowed you to reach these most precious nights.

These are not ordinary nights. These are destiny nights.

Within these nights lies Laylatul Qadr, a night that is better than a thousand months. Imagine that. A single night of sincere worship that can outweigh more than eighty years of devotion. Opportunities like this do not come often in life.

But here is something important I want you to remember.

The difference between those who simply experience Ramadan and those who are transformed by Ramadan is intention, reflection, and consistency. It is not about doing everything perfectly. It is about approaching these nights with a heart that is sincere, a mind that is focused, and a soul that is hungry for Allah's mercy.

### **That is why this journal exists.**

In this journal, you will find a set of tasks for each day of the last ten nights. These tasks are designed to help you stay focused and make the most of these blessed nights. I strongly encourage you to complete them fully every day.

### **Be disciplined. Be committed. Most importantly, be consistent.**

Consistency is the key. Small acts done consistently during these nights can open doors of mercy that we cannot even imagine.

Use these pages to pause, reflect, and realign your heart. Write honestly. Reflect deeply. Be sincere with yourself and with Allah. Let these pages become witnesses to your efforts, your hopes, your du'ā', and your journey back to your Lord.

### **Do not worry about perfection. Allah does not expect perfection from us. What He loves is sincerity and effort.**

These ten nights are a gift. Treat them as the most valuable nights of your life. Pray a little longer. Make du'ā' a little deeper. Reflect a little more. Seek forgiveness with humility. Ask Allah for everything your heart longs for, both in this world and the next.

### **And remember something very personal from me to you.**

Even if your Ramadan until now was not what you hoped it would be, these last ten nights can still change everything. With Allah, a single sincere moment can rewrite a lifetime.

Approach these nights with hope, determination, and sincerity. Give them your best.

May Allah allow these pages to become a means for your transformation, and may He grant you the gift of witnessing and benefiting from Laylatul Qadr.

Your brother and mentor,

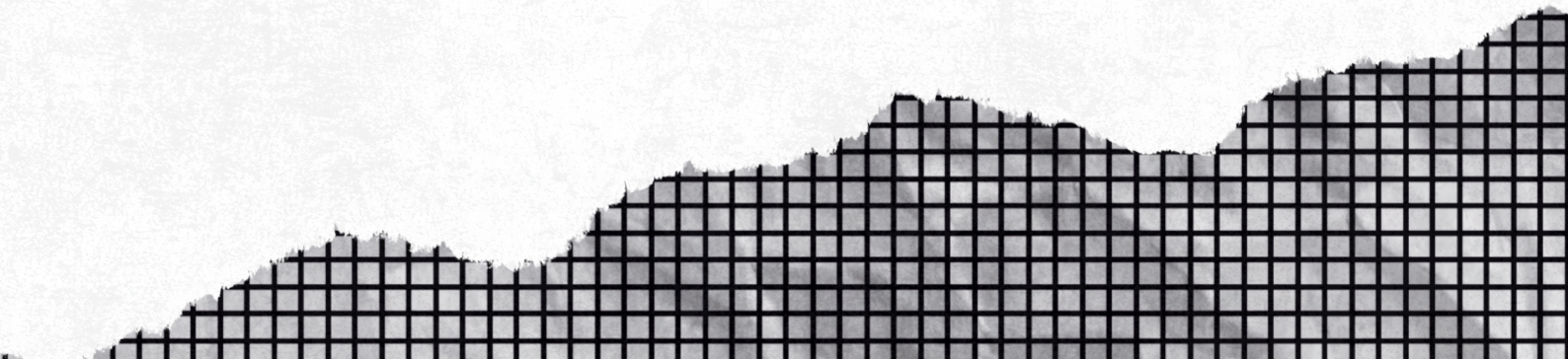
*Wafi Shihad*

**These are the nights the  
Prophet ﷺ would increase  
his worship more than any  
other time.**

“When the last ten nights began, the  
Prophet ﷺ would tighten his  
waistcloth, stay up at night, and wake  
his family.”

**Somewhere in  
these nights lies  
Laylatul Qadr.**

Qaaf





# BEST WAY TO MAKE DUA

- Make your heart present and completely focus on Allah.
- Choose a time in which du'ā' is readily accepted.
- Perform wuḍū', face the qiblah and raise your hands.
- Humble yourself and submit to Allah.
- Start by praising Allah.
- Send ṣalawāt upon the Prophet ﷺ.
- Repent for your sins and ask for forgiveness.
- Ask with persistence, love and fear.
- Ask Allah through His Oneness and Names.
- Give ṣadaqah before making du'ā'.

In your dua's,  
**Don't forget:**

- Your Relationship with Allah
- Relationship with Prophet (PBUH)
- Self Development
- Jannah & Protection from Jahannam
- Health and Wellbeing
- Work/Study/Finances
- Halal Rizq
- Hajj/Umrah
- Life Mission/Vision
- Family & Friends
- Neighbours
- Teachers
- The Ummah
- Our Ummat Suffering from Oppression
- Anyone who's asked you to make dua for them

## Now, make your own dua list

Custom list including all the duas you don't want to forget to make especially in these blessed days.

My  
Dua  
List

**"And your Lord said: 'Call upon Me; I will respond to you.'" (40:60)**





Qaaf

'When My servants ask you about Me, truly I am near. I answer the call of the caller when he calls on Me...'so let them respond (with obedience) to Me, and believe in Me, so that they may be guided.' (2:186)



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|-----------------------|----------------------------|-----------------------|-------------------------------------|
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| <input type="radio"/> | Suhoor                     | <input type="radio"/> | Evening Adhkar                      |
| <input type="radio"/> | Odd No of Dates for Suhoor | <input type="radio"/> | Asr                                 |
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| <input type="radio"/> | Quran                      | <input type="radio"/> | Taraweeh                            |
|                       |                            | <input type="radio"/> | Witr                                |

## TAWBAH & ISTIGHFAR

Sayyid al-Istighfar

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Astagfirullah \* 100

Personal Repentance

2 Rakat Salat Tawbah

## DHIKR SESSION

SubhanAllah × 100

Alhamdulillah × 100

Allahu Akbar × 100

La ilaha illa Allah × 100

Salawat upon the Prophet 100 × ﷺ

## DUA SESSION

Dua in sujud

Sincere and intentional Dua

Hours spent in night ibadah

Pages of Quran read tonight

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What should I do to avoid messing up?

What can I do better tomorrow?

How well did i do tonight ? ☆☆☆☆☆

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وَأَنَا عَلَىٰ عَهْدِكَ وَوَعْدِكَ مَا اسْتَطَعْتُ أَعُوذُ بِكَ  
مِنْ شَرِّ مَا صَنَعْتُ أَبُوءُ لَكَ بِنِعْمَتِكَ عَلَيَّ وَأَبُوءُ  
بِذُنُوبِي فَاعْفُرْ لِي فَإِنَّهُ لَا يَغْفِرُ الذُّنُوبَ إِلَّا أَنْتَ

Astagfirullah \* 100

Personal Repentance

2 Rakat Salat Tawbah

## DHIKR SESSION

SubhanAllah × 100

Alhamdulillah × 100

Allahu Akbar × 100

La ilaha illa Allah × 100

Salawat upon the Prophet 100 × ﷺ

## DUA SESSION

Dua in sujud

Sincere and intentional Dua

Hours spent in night ibadah

Pages of Quran read tonight

One thing I did well + One thing I messed up.

What should I do to avoid messing up?

What can I do better tomorrow?

How well did i do tonight ? ☆☆☆☆☆

**DUA FOR LAYLATUL QADR**

اللهم إنك عفو تحب  
العفو فاعف عني

Allahumma innaka 'afuwun tuhibbul 'afwa fa'fu 'anni.

**"O Allah, You are Most Forgiving and  
love forgiveness, so forgive me."**



- Tahajjud
- Suhoor
- Odd No of Dates for Suhoor
- 2 rakah before Fajr
- Fajr on time
- Morning Adhkar
- Duha
- 2, 2 Sunnah before Dhuhr
- Dhuhr
- Quran
- 2 Sunnah after Dhuhr
- Evening Adhkar
- Asr
- Dua before iftar
- Break fast with odd number of Dates
- Maghrib
- 2 rakah after Maghrib
- Isha
- 2 rakah after Isha
- Taraweeh
- Witr

### TAWBAH & ISTIGHFAR

Sayyid al-Istighfar

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بِذَنْبِي فَاغْفِرْ لِي فَإِنَّهُ لَا يَغْفِرُ الذُّنُوبَ إِلَّا أَنْتَ

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### TAWBAH & ISTIGHFAR

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Allahumma innaka 'afuwun tuhibbul 'afwa fa'fu 'anni.

**"O Allah, You are Most Forgiving and  
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- |  |   |
|--|---|
| <input type="radio"/> Tahajjud                   | <input type="radio"/> 2 Sunnah after Dhuhr                |
| <input type="radio"/> Suhoor                     | <input type="radio"/> Evening Adhkar                      |
| <input type="radio"/> Odd No of Dates for Suhoor | <input type="radio"/> Asr                                 |
| <input type="radio"/> 2 rakah before Fajr        | <input type="radio"/> Dua before iftar                    |
| <input type="radio"/> Fajr on time               | <input type="radio"/> Break fast with odd number of Dates |
| <input type="radio"/> Morning Adhkar             | <input type="radio"/> Maghrib                             |
| <input type="radio"/> Duha                       | <input type="radio"/> 2 rakah after Maghrib               |
| <input type="radio"/> 2, 2 Sunnah before Dhuhr   | <input type="radio"/> Isha                                |
| <input type="radio"/> Dhuhr                      | <input type="radio"/> 2 rakah after Isha                  |
| <input type="radio"/> Quran                      | <input type="radio"/> Witr                                |

## TAWBAH & ISTIGHFAR

Sayyid al-Istighfar

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عَبْدُكَ وَأَنَا عَلَىٰ عَهْدِكَ وَوَعْدِكَ مَا اسْتَطَعْتُ  
أَعُوذُ بِكَ مِنْ شَرِّ مَا صَنَعْتُ أَبُوءُ لَكَ بِنِعْمَتِكَ  
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SubhanAllah × 100

Alhamdulillah × 100

Allahu Akbar × 100

La ilaha illa Allah × 100

Salawat upon the Prophet 100 ×

## DUA SESSION

Dua in sujood

Sincere and intentional Dua

Pages of Quran read tonight

How well did i do tonight? ☆☆☆☆☆

How do I feel about saying Goodbye to Ramadan?

How were my last ten days and nights of Ramadan?

What are the changes and lessons I want to carry on from this month to the rest of the year?

What are the practical steps to do that?

**END RAMADAN WITH**

Taqwa  
Dua for acceptance of deeds  
Gratitude towards Allah  
Istighfar  
And... the Sincere Intention, to  
continue on.

“How can the believer not shed tears at the departure of Ramaḍān, when he does not know if he will live to the next Ramaḍān?” – (Ibn Rajab (rahimahullāh))

تَقَبَّلَ اللَّهُ مِنَّا وَمِنْكُمْ

May Allah accept from us and from you.

